

Viola Scales Practice Chart

Grade 1

ABRSM Scales

Separate Bows

Slurred Bows

1 beat / bow

Major Scales

Starting on open strings

Even Notes  or

Even Notes  or

Long Tonic 

Long Tonic 

G Major Scale – 1 Octave

D Major Scale – 1 Octave

C Major Scale – 2 Octaves

Natural Minor Scale

Starting on first finger on G string

Even Notes  or

Even Notes  or

Long Tonic 

Long Tonic 

A Natural Minor Scale – 1 Octave

Major Arpeggios

Starting on open strings

Even Notes



G Major Arpeggio – 1 Octave

D Major Arpeggio – 1 Octave

C Major Arpeggio – 2 Octaves

Minor Arpeggio

Starting on first finger on G string

Even Notes



A Natural Minor Arpeggio – 1 Octave